## **Horizon BCBSNJ: Horizon Advantage EPO Essentials-Off Exchange**

Coverage Period: 01/01/2014-12/31/2014

Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: All Coverage Types Plan Type: EPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.HorizonBlue.com or by calling 1-800-355-BLUE (2583).

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$6,350 person/\$12,700 family for hospital and out of office services.  Does not apply to preventive care.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Yes. <b>\$6,350</b> person/ <b>\$12,700</b> family for hospital and out of office services.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums, penalties for failure to obtain pre- authorization for services, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a list on in-network providers, see <a href="https://www.HorizonBlue.com">www.HorizonBlue.com</a> or call 1-800-355-BLUE (2583).	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	No.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan document for additional information about <u>excluded services</u> .

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)

• This plan may encourage you to use <u>in-network providers</u> by charging you lower <u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	No charge first 3 visits, then deductible	Not Covered	Deductible will apply after the first 3 visits.
	Specialist visit	Deductible	Not Covered	none
	Other practitioner office visit	Deductible	Not Covered	Therapeutic Manipulations (chiropractic care) are limited to 30 visits per calendar year. Physical, speech, occupational, and cognitive therapies are limited to 30 visits per therapy per calendar year.
	Preventive care/screening/immunization	No Charge	Not Covered	One routine physical per calendar year.

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you have a test	Diagnostic test (x-ray, blood work)	Lab: Inpatient/ Outpatient Deductible Office: Deductible All other locations: No Charge Radiology: Inpatient/ Outpatient: Deductible Office: Deductible All other locations: No Charge	Not Covered	none
	Imaging (CT/PET scans, MRIs)	Inpatient/ Outpatient: Deductible Office: Deductible All other locations: No Charge	Not Covered	Requires pre-approval.

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition  More information	Generic drugs	Deductible	Deductible	Prior authorization may be required. Covers up to a 90 day supply at retail (One copay per 30 day supply), and a 90 day supply at mail order (for one mail order copay).
about <u>prescription</u> <u>drug coverage</u> is available at Prime Therapeutics LLC (Prime) Service Center	Preferred brand drugs	Deductible	Deductible	Prior authorization may be required. Covers up to a 90 day supply at retail (One copay per 30 day supply), and a 90 day supply at mail order (for one mail order copay).
<u>www.MyPrime.com</u> or 1-800-370-5088	Non-preferred brand drugs	Deductible	Deductible	Prior authorization may be required. Covers up to a 90 day supply at retail (One copay per 30 day supply), and a 90 day supply at mail order (for one mail order copay).
	Specialty drugs	Deductible	Deductible	none
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	Deductible	Not Covered	none
surgery	Physician/surgeon fees	Deductible	Not Covered	none
If you need immediate medical attention	Emergency room services	\$100 copay after Deductible	\$100 copay after Deductible	Out-of-network payment at the in- network level of benefits applies only to true medical emergencies and accidental injuries.
	Emergency medical transportation	Deductible	Not Covered	none—.
	Urgent care	Deductible	Not Covered	none
If you have a hospital	Facility fee (e.g., hospital room)	Deductible	Not Covered	Requires pre-approval.
stay	Physician/surgeon fee	Deductible	Not Covered	none-

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you have mental health, behavioral	Mental/Behavioral health outpatient services	Deductible	Not Covered	none
health, or substance	Mental/Behavioral health inpatient services	Deductible	Not Covered	Requires pre-approval.
abuse needs	Substance use disorder outpatient services	Deductible	Not Covered	none
	Substance use disorder inpatient services	Deductible	Not Covered	Requires pre-approval.
If you are pregnant	Prenatal and postnatal care	No Charge	Not Covered	none
	Delivery and all inpatient services	Deductible	Not Covered	none
If you need help	Home health care	Deductible	Not Covered	Require pre-approval.
recovering or have	Rehabilitation services (inpatient)	Deductible	Not Covered	Requires pre-approval.
other special health	Habilitative services (inpatient)	Deductible	Not Covered	Requires pre-approval.
needs	Skilled nursing care	Deductible	Not Covered	Requires pre-approval.
	Durable medical equipment	Deductible	Not Coverd	Items over \$500.00 require preapproval.
	Hospice service	Deductible	Not Covered	Requires pre-approval.
If your child needs	Eye exam	No Charge	Not Covered	Limited to one exam per 12 months.
dental or eye care	Glasses	Not Covered	Not Covered	none
	Dental check-up	Not Covered	Not Covered	none

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Coverage Period: 01/01/2014-12/31/2014

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### **Excluded Services & Other Covered Services:**

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Cosmetic surgery
- Dental care (Adult)
- Hearing aids (Only covered for Members age 15 or younger)
- Non-emergency care when traveling outside the U.S.
- Long-term care
- Private-duty nursing

- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture when used as a substitute for other forms of anesthesia
- Bariatric surgery

- Chiropractic care
- Infertility treatment (Requires pre-approval)

• Routine eye care(Adult)

## **Your Rights to Continue Coverage:**

"If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at [1-800-355-BLUE (2583).] You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: All Coverage Types Plan Type: EPO

## **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: [1-800-355-BLUE (2583).] You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>.

## **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does</u> provide minimum essential coverage.** 

## **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-355-BLUE (2583).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-355-BLUE (2583).

Chinese (中文): 如果需要中文的帮助,**请拨打这个号码** 1-800-355-BLUE (2583).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-355-BLUE (2583).

-To see examples of how this plan might cover costs for a sample medical situation, see the next page.

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## **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



## This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care vou receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

## Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$1,040
- Patient pays \$6,500

### Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

Patient pays:	
Deductibles	\$6,350
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$150
Total	\$6,500

## **Managing type 2 diabetes**

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$190
- Patient pays \$5,210

## Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

### Patient pays:

Deductibles	\$5,130
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$5,210

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## **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

## What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

## Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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